

International Workshop

“Food, health, and factors promoting longevity”

March 5th-6th, 2020 Novara – Italy
Campus Perrone, Via Perrone 18

Thursday, March 5th

8.00-9.30	Arrival and Registration
9.30-10.30	Welcome and opening of the meeting
	Session 1: From the cell to the clinic Chair: Fabio Penna & Antonia Follenzi
10.30-11.00	Hazel Szeto Mitochondrial bioenergetics and healthspan
11.00-11.30	Joel C. Glover Modeling age-related neurological diseases in vitro
11.30-12.00	Mario Ost Cell-autonomous and endocrine mechanisms of skeletal muscle mitohormesis
12.00-12.30	Francesca Riuzzi Identification of a phytotherapy formulation useful to counteract muscle atrophy
12.30-13.00	Short Talk(s) chosen from Abstracts
	Lunch and poster viewing
	Session 2: Nutrition and microbiota Chair: Diana Di Gioia & Flavia Prodam
15.00-15.30	Francesco Neri Transcriptional and epigenetic landscape of the intestinal epithelium during aging
15.30-16.00	Laure Bindels Does the gut microbiota affect muscle atrophy?
16.00-16.30	Marco Giorgio Disclosing the aging-nutrition interaction through trans-omics analysis
16.30-17.00	Elisabetta Bugianesi The burden of fatty liver disease in an aging population
17.00-17.30	Short Talk(s) chosen from Abstracts
	Dinner for the invited speakers

Friday, March 6th

	Session 3: Biological predictors of health and longevity: what we learned from cohorts and what we still could learn Chair: Giuseppe Matullo & Fabrizio Faggiano
9.00-9.30	Eline Slagboom, TITLE TBD
9.30-10.00	Paolo Garagnani, Genetics and epigenetics of healthy aging
10.00-10.30	Paolo Vineis Are cohort studies still useful for research on aging?
10.30-11.00	Carlotta Sacerdote EPIC: how an international study on diet and cancer can help understand aging
	Coffee Break
	Session 4: Promoting health interventions Chair: Marco Minetto & Marco Invernizzi
11.30-12.00	Salvatore Panico Mediterranean diet: from Ancel Keys to the Pyramids
12.00-12.30	Antonio Nardone, New approaches in home-based exercise to improve mobility in elderly subjects
12.30-13.00	Short Talk(s) chosen from Abstracts
	Closure and departure

Speakers

Laure Bindels Université Catholique de Louvain, Brussels, Belgium
Elisabetta Bugianesi University of Torino, Turin, Italy
Paolo Garagnani University of Bologna, Bologna, Italy
Marco Giorgio IEO, Milan, Italy
Joel C. Glover University of Oslo, Norway
Antonio Nardone University of Pavia, Pavia, Italy
Francesco Neri Leibniz Institute on Aging, Jena, Germany
Mario Ost German Institute of Human Nutrition, Berlin, Germany
Salvatore Panico University of Napoli, Naples, Italy
Francesca Riuzzi University of Perugia, Perugia, Italy
Carlotta Sacerdote University of Torino, Turin, Italy
Eline Slagboom Leiden University, The Netherlands
Hazel Szeto Weill Cornell Medical College, New York, USA
Paolo Vineis Imperial College, London, UK



Registration

The participation is free, registration is required.

Abstract session

Researchers are invited to send an Abstract to: fhl2020@uniupo.it
Oral presentations will be selected from the Abstracts.

Information

fhl2020@uniupo.it
www.foodhealthlongevity.eu